

CIRCA DIEM newsletter

April 2023



Dear Parents and Caregivers,

Welcome to the first edition of our newsletter! These newsletters will provide you with some updates on our study, as well as any important study related information.

The CIRCA DIEM Team would like to extend a very heartfelt thank you for your continued support of our study. We are incredibly grateful to your for allowing us to be a part of your NICU journey, and deeply appreciate your contributions to helping us improve the outcomes for our tinniest babies.

Enrolment Update

- The CIRCA DIEM Study began in February 2019 and so far, we have had 347 babies join our study. This means we are approximately one third of the way through our recruitment target.
- We now have five hospitals recruiting babies from across Australia.
- We are excited to announce that the CIRCA DIEM Study will be going international! Hospitals in New Zealand and the U.K. are set to join us in the coming months.

Study Update

- ➊ 228 babies have celebrated their first birthday.
- ➋ 163 babies have turned 2 years old.
- ➌ 81 babies are already 3 years old!

Kiara's Story

- Kiara was one of the very first babies we recruited to the CIRCA DIEM Study back in 2019.
- She was born at King Edward Memorial Hospital in Perth, W.A, at just after 30 weeks of age, and has just celebrated her 4th birthday!
- Kiara's parents, Narrishcka and Jarrad, describe her as an emotionally aware kid with a heart of gold. She loves cuddles with all those close to her and is a very caring big sister.
- She strives to be social with any kids she comes across and has a great imagination.
- She loves to be creative with drawing, painting and making cards covered in stickers.
- Kiara also loves everything to do with water, and most days you will find her swimming like a fish!
- The CIRCA DIEM Team can't wait to see what the future holds for Kiara and her family.

Bayley-4 Assessments

Please remember that the 2-year Bayley-4 assessment is **critical** for the success of our study. By attending, you will obtain valuable information about your child's developmental progress, and you'll be ensuring our study gets the critical data it needs to determine whether eye-masks and earplugs are of benefit to premature babies.

We really do value the effort required in attending this appointment with your child.



The CIRCA DIEM Team would love to hear about your child's progress. If you have any updates you would like to share, please send us an email.

Thank you all for your contributions!

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