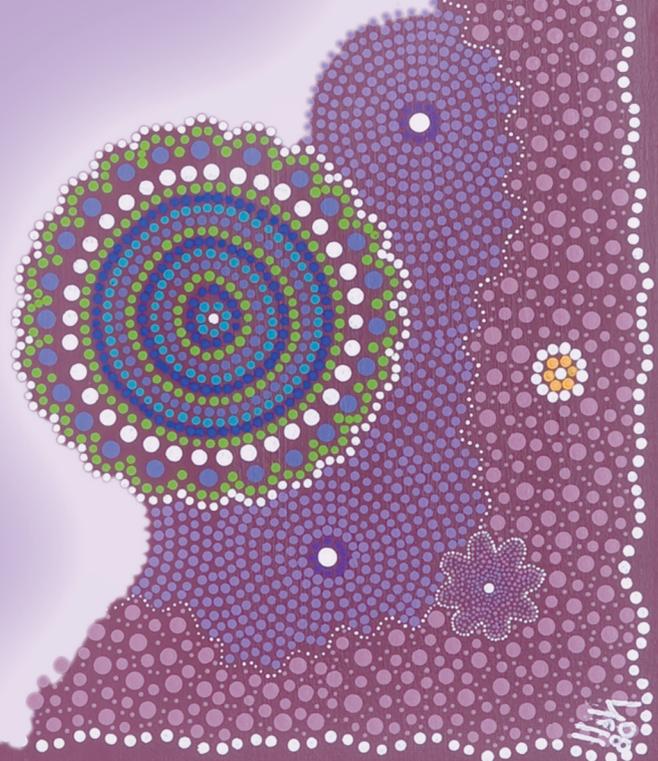


Part 1

History and Contexts

This part provides an overview from a historical, social, emotional and cultural context, within a mental health framework. Impacts of colonisation and cultural devastation in contrast to resistance, resilience, equality, empowerment and cultural recognition are discussed from a social and emotional wellbeing and psychological perspective. Progression of policies reflective of situation and time are outlined.



11/18

Chapters

1

The impact of colonisation and the subsequent devastation, resistance, adaptation, resilience, racism, and struggle for equality and cultural recognition set the background to understanding people's lives within a social and emotional wellbeing and mental health context. Historical and current concepts of physical and mental health are outlined within a human rights framework along with initiatives to move forward to regain their health.

2

Examines the concepts of physical and mental health and wellbeing, as they were understood and practiced historically. The devastating consequences of the European colonisation of Australia for Aboriginal and Torres Strait Islander people are described. The chapter concludes with some innovative thinking from Australia and overseas that may assist Aboriginal Australians to regain their 'health' that has been so significantly lost.

3

Outlines the influences and progression of psychology from an Aboriginal and Torres Strait Islander perspective and how the discipline and practice of psychology had a negative impact historically. Thereon, events heralding the empowerment and inclusion of Aboriginal and Torres Strait Islander peoples at all levels of mental health service provision are acclaimed.

4

Explores determinants that have shaped Aboriginal and Torres Strait Islander social and emotional wellbeing outcomes and examines the relationship between social and emotional wellbeing and mental health from an Aboriginal and Torres Strait Islander perspective. Cultural domains and guiding principles characterising social and emotional wellbeing are outlined and placed in a framework that is discussed.

5

Discusses the development of policy that is setting directions for, and achieving change in, Aboriginal and Torres Strait Islander mental health and social and emotional wellbeing. Key national policies, frameworks, reports and inquiries are presented, some historical milestones noted, and developments that have shaped culturally specific policy reform are described.