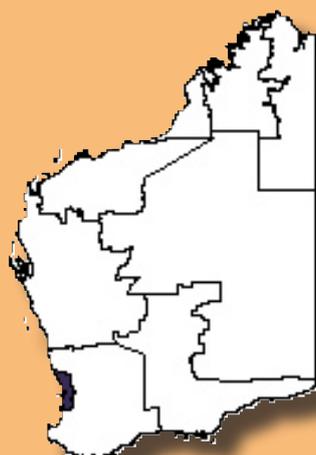


THE HEALTH OF ABORIGINAL CHILDREN AND YOUNG PEOPLE

PERTH NOONGAR ATSIK REGION



SUMMARY OF FINDINGS FROM VOLUME ONE OF
THE WESTERN AUSTRALIAN ABORIGINAL CHILD
HEALTH SURVEY

This booklet summarises information on the Perth Noongar ATSIC region from the first volume of the Western Australian Aboriginal Child Health Survey: The Health of Aboriginal Children and Young People.

About the survey

The survey was conducted by the Telethon Institute for Child Health Research (The Institute) in conjunction with the Kulunga Research Network. Information was collected on almost 5,300 Aboriginal and Torres Strait Islander children and young people. The survey also collected information on the carers and other relatives living in these homes and went into some of the schools of these children and young people to interview the school teachers and principals.

The survey was carried out to identify the developmental and environmental factors that help Aboriginal and Torres Strait Islander children and young people develop well and survive.

Aims of the survey

The aims of the survey were to estimate the prevalence and functional impact of:

- Chronic medical conditions and disabilities
- Mental health and behavioural problems in children and youth
- Adverse health behaviours (eg smoking, alcohol, drug and volatile substance misuse)
- Early school leaving, conduct problems and juvenile offending
- Resiliency and competence in children and young people
- Home-community-school influences on development.

What information was collected?

Information was collected from a wide range of issues and included:

- Physical health and disabilities
- Risk behaviours (smoking, alcohol and other drug use)
- Housing
- Family and culture
- Employment and education

How was the survey done?

The survey was done in three parts. Over 130 people were trained to collect data and information out in the field. Approximately 60% of these people were Aboriginal. The three components of the WA Aboriginal Child Health Survey were:

1. Household Survey - information collected on more than 11,000 family members from 2,000 families across WA.
2. Youth Survey - separate youth survey for 12-17 year olds.
3. Schools Survey - information collected from some of the schools attended by Aboriginal children who were selected for the survey (including information from teachers and principals).



Analysis

One of the important aspects of the survey was the ability to link the collected information to several key administrative data sets including the WA Hospitals Database and the Maternal and Child Health Research Database (MCHRDB). The WA Hospitals Database details when and why a person is admitted to a hospital and the MCHRDB has birth records of all children born in WA since 1980.

Consultation

All phases of the survey, including its development, design and implementation, were under the direction of the Western Australian Aboriginal Child Health Steering Committee. The Steering Committee comprises of senior Aboriginal officers from a cross section of agencies and settings, and has the on-going responsibility to control and maintain:

- The cultural integrity of the survey methods and processes
- Employment opportunities for Aboriginal people
- Data access issues and communication of the findings to the Aboriginal and general community, and
- Appropriate and respectful relations within the study team, with participants and communities, with stakeholders and funding agencies and with the governments of the day.

Why Perth Noongar ATSIC Region Data?

For reasons of confidentiality of individuals and families the information provided in this profile can only be given at Perth Noongar ATSIC regional level.

Unless otherwise stated, all data in this publication refers to the Perth Noongar ATSIC Region.

About the Perth Noongar ATSIC region

The Perth Noongar ATSIC Region extends from Lancelin in the north, Wooroloo in the east and Dwellingup and Coolup in the south.

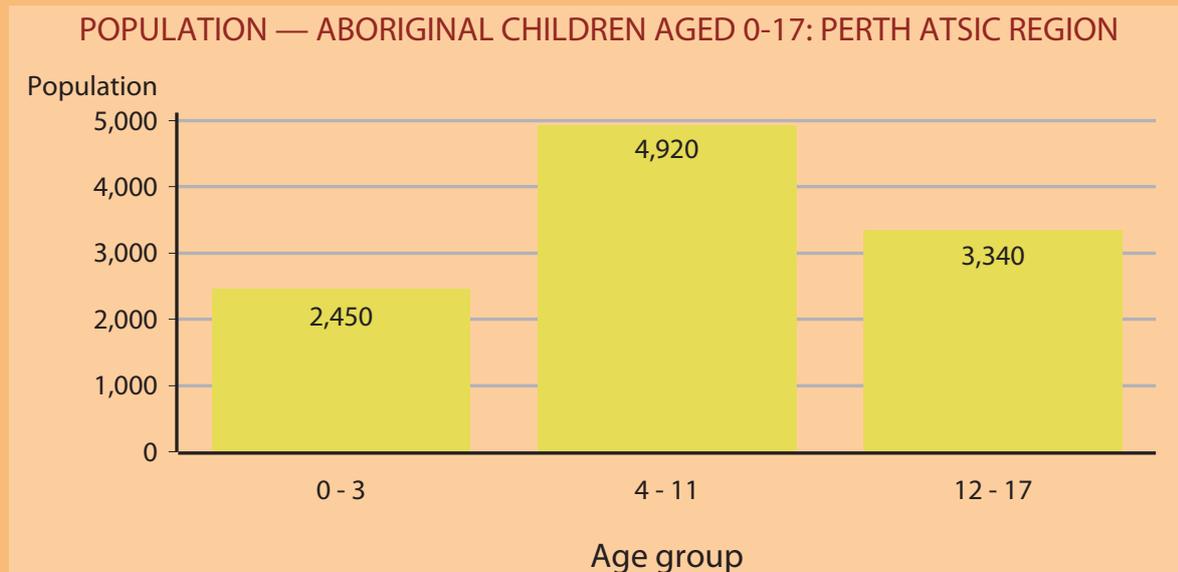
Perth is the capital city of Western Australia. Whilst the Perth Noongar ATSIC region has the largest concentration of Aboriginal people in Western Australia, it is also the smallest in area.



Population

At the end of June 2001 there were about 66,000 Aboriginal people living in Western Australia. This works out to be 3.5% of the total population of WA. Nearly half (45%) of the total number of Aboriginal people in WA was under the age of 18 (representing 6% of the WA general population for 0-17 year olds).

In the Perth Noongar ATSIC region there were about 10,700 Aboriginal children aged 0-17 years, which means almost 36% of Aboriginal children and young people lived in the Perth Noongar ATSIC region.



Level of Relative Isolation

The method we have used to describe the remoteness and physical isolation of where Aboriginal people live in WA is called the "Level of Relative Isolation", or LORI for short - a new version of ARIA (Accessibility/Remoteness Index of Australia).

This groups people into five separate categories of isolation within WA:

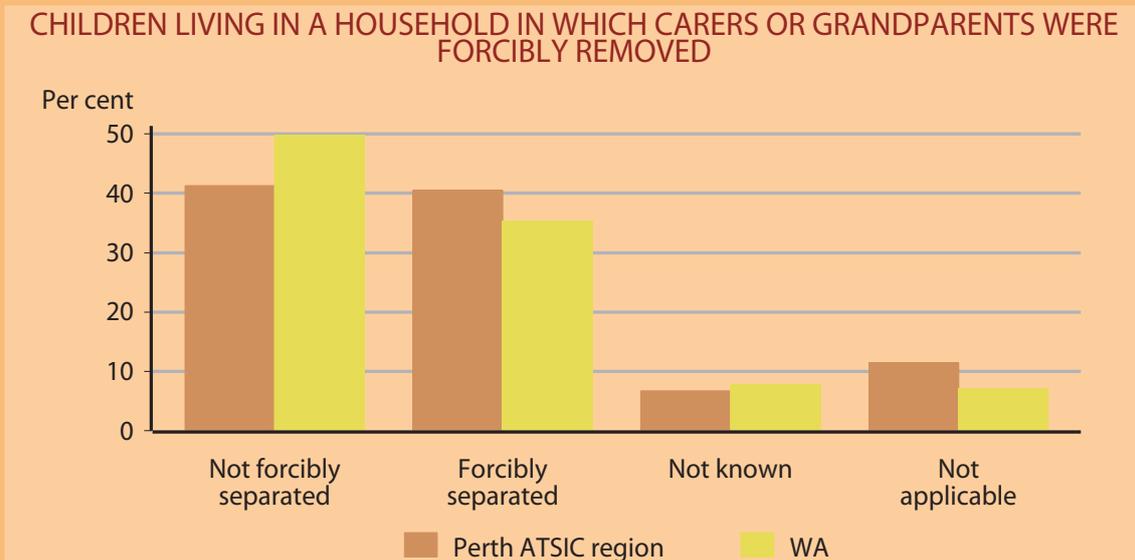
- None (e.g Perth Metropolitan area)
- Low (e.g Geraldton)
- Moderate (Fitzroy Crossing)
- High (Bayulu)
- Extreme (Iminji)

Family and culture

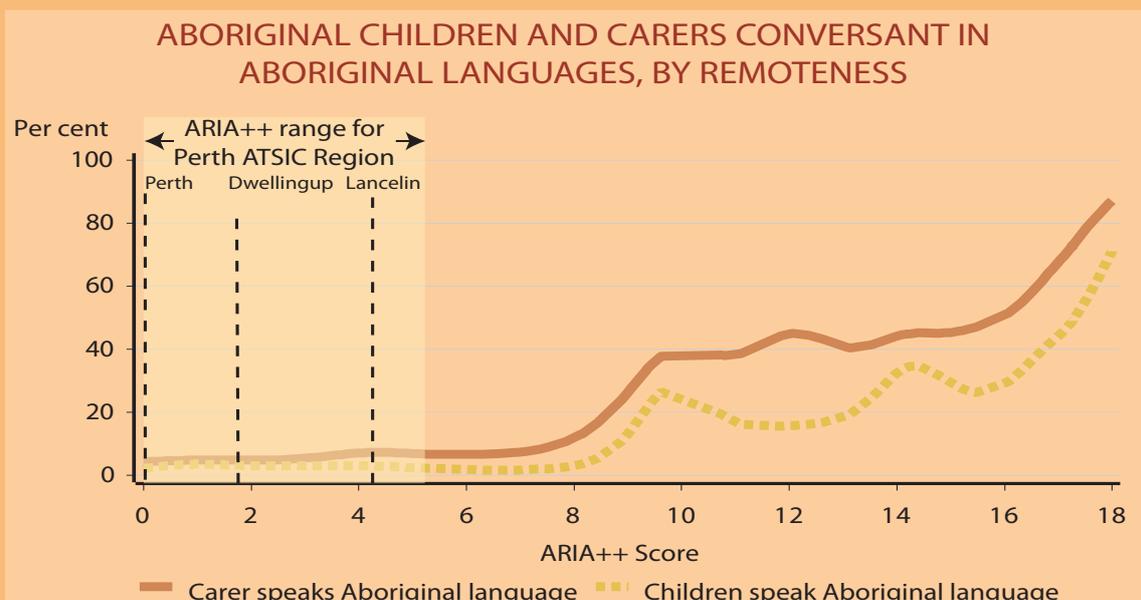
Type of child carers Around 78% of the main carers for Aboriginal children and young people in the Perth Noongar ATSIC region were Aboriginal (85% for the whole of WA). 86% of these children were still being looked after by their natural mother in the Perth Noongar ATSIC region compared with 80% in WA overall.



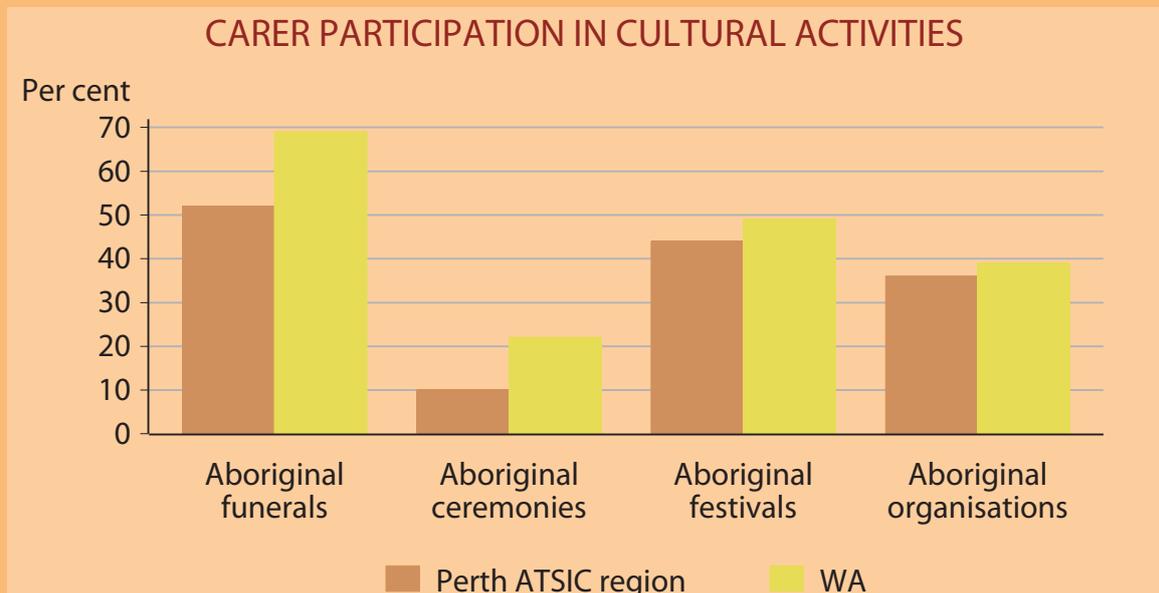
Forced removal of carers or grandparents A total of 41% of children in the Perth Noongar ATSIC region were living in a home where one or more carers or grandparents were taken away from their family. 17% of carers said that they were forcibly removed from their natural family and 5% of carers were forcibly removed from traditional lands.



Aboriginal language spoken In the Perth Noongar ATSIC region 5% of carers said that they spoke an Aboriginal language and 2% of carers said that their children could also speak an Aboriginal language. This was lower than the WA average where overall 23% of carers can speak an Aboriginal language, and 13% said that their children can speak an Aboriginal language.

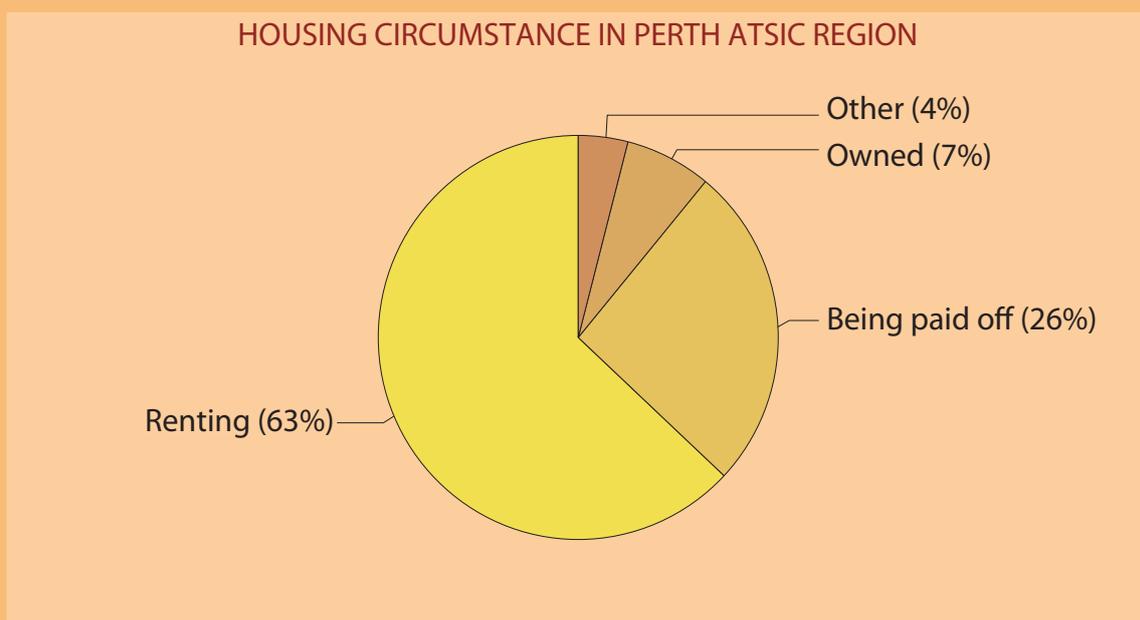


Cultural activities of carers Participation in Aboriginal cultural activities in the Perth Noongar ATSIC region was lower than the average for the whole of WA. For example, 52% of all carers in the Perth Noongar ATSIC region said that they had attended an Aboriginal funeral compared with 69% for the whole of WA.



Housing Ownership

In the Perth Noongar ATSIC region, 7% of families said that they owned their own homes, 26% were paying off their home and 63% were renting. The total amount of families renting in WA is slightly higher at 71%. A lower number of families are paying off their home (16%) while only 7% of families overall own their own home.



Children at birth

Maternal age In the Perth Noongar ATSIC region about 26% of Aboriginal children were born to mothers aged 19 years or less. This compares with 28% of Aboriginal children in WA.

Prematurity About 13% of all Aboriginal children in the Perth Noongar ATSIC region were premature (less than 37 weeks gestation). In WA, the same amount (13%) of Aboriginal children were premature.

Breastfeeding Just over a quarter (27%) of children in the Perth Noongar ATSIC region were breastfed for more than 12 months by their birth mothers, compared to 35% for WA. Almost 40% of children were breastfed for less than three months, compared to 27% for WA.

Drug use during pregnancy Certain drugs taken during pregnancy can contribute to low birth weights and can effect the growth and development of babies.

In the Perth Noongar ATSIC region, 49% of mothers smoked tobacco during pregnancy and 25% drank alcohol during pregnancy. In total the mothers of 49% of children had used tobacco during pregnancy in WA.

Smoking during pregnancy reduces the average birthweight of babies by 200 grams and can endanger the health of the baby.

Mean birth weight The average birth weight for babies in the Perth Noongar ATSIC region was 3,180 grams. 11% of babies born in the Perth Noongar ATSIC region were of low birth weight (less than 2,500 grams), this rate is the same as the state with 11% of Aboriginal babies in all of WA.



Physical health

Recurring infections There are a large number of children with multiple infections. On average, 17% of Aboriginal children aged 0-17 years in the Perth Noongar ATSIC region were reported by their carers to have recurring ear infections, 14% were reported to have recurring chest infections, and 7% were reported to have recurring skin infections.

Asthma prevalence The prevalence of asthma in the Perth Noongar ATSIC region was 30% for Aboriginal children aged 0-17 years. Asthma was found to be more likely in the Perth Noongar ATSIC region (30%) than the state (23%).



Acute Otitis Media

Ear Health In the Perth Noongar ATSIC region, 11% of Aboriginal children suffered from runny ears (also known as Otitis Media). In WA, 13% of Aboriginal children were reported to suffer recurring ear infections with at least one instance of runny ears.

Diet Four indicators of dietary quality were assessed:

- drinking sufficient fresh water
- drinking sufficient fresh milk
- eating enough vegetables, and
- eating enough fresh fruit

In the Perth Noongar ATSIC region, 57% of children met at least three of these criteria (compared with 59% in WA overall). The consumption of vegetables in the Perth Noongar ATSIC region was a concern, with 40% of children in the region meeting this criterion, although it is slightly higher compared to 36% of WA children who met this criterion.

Teeth problems In the Perth Noongar ATSIC region, 34% of Aboriginal children had a tooth filling compared to 27% of Aboriginal children in WA. 10% of children in the Perth Noongar ATSIC region had to have teeth removed because their teeth were bad compared with 9% of WA children.

Use of Services

Doctor In the Perth Noongar ATSIC region, 56% of Aboriginal children had seen a Doctor in the last six months, compared to 49% for WA.

Nurse Only 14% of Aboriginal children in the Perth Noongar ATSIC region had seen a Nurse in the last six months, compared with 25% of Aboriginal children seeing a Nurse within the last six months for WA.

Aboriginal Health Worker Only 7% of Aboriginal children in the Perth Noongar ATSIC region were more likely to have seen an Aboriginal Health Worker in the last six months, compared to 15% for WA.



Aboriginal Medical Service 9% of Aboriginal children in the Perth Noongar ATSIC region had gone to an Aboriginal Medical Service, compared to 15% for the whole state.

The following tables are a summary of the data presented in this document. It provides an overview of all the statistical information relevant for the Perth Noongar ATSIC region and Western Australia.

| General | Perth Noongar ATSIC region | Western Australia |
|--|---------------------------------------|--------------------------|
| Population of Aboriginal children aged 0-17 | 10,700 | 29,800 |
| <i>0 – 3 years</i> | (2450) 23% | (6,910) 23% |
| <i>4 – 11 years</i> | (4920) 46% | (13,800) 46% |
| <i>12 – 17 years</i> | (3340) 31% | (9,100) 31% |
| Type of care arrangements for child | | |
| <i>Both original parents</i> | 42% | 47% |
| <i>Sole parent</i> | 42% | 33% |
| <i>One original parent + new partner</i> | 8% | 7% |
| <i>Aunts / Uncles</i> | 3% | 6% |
| <i>Grandparents</i> | 3% | 4% |
| <i>Other</i> | 3% | 3% |
| Children whose primary carer is Aboriginal | 78% | 85% |
| Children whose primary carer is birth mother of the child | 86% | 80% |
| Aboriginal language spoken – conversational level | | |
| <i>Carers</i> | 5% | 23% |
| <i>Children</i> | 2% | 13% |
| Participation in cultural activities in last 12 months | | |
| <i>Aboriginal funerals</i> | 52% | 69% |
| <i>Aboriginal ceremonies</i> | 10% | 22% |
| <i>Aboriginal festivals or carnivals</i> | 44% | 49% |
| <i>Aboriginal organisations</i> | 36% | 39% |
| Forced separation and forced relocation of carers | | |
| <i>Forcibly separated from natural family</i> | 17% | 12% |
| <i>Forcibly removed from traditional lands</i> | 5% | 6% |
| Children affected by forcible removal of carer of grandparents | | |
| <i>Children living in household where one or more carers or grandparents forcibly separated from natural family</i> | 41% | 35% |
| <i>Children living in household where one or more carers or grandparents forcibly removed from traditional lands</i> | 23% | 24% |
| Housing tenure | | |
| <i>Owned</i> | 7% | 7% |
| <i>Being Paid off</i> | 26% | 16% |
| <i>Rented</i> | 63% | 71% |
| <i>Other</i> | 4% | 6% |



| Children at birth | Perth Noongar ATSIC region | Western Australia |
|---|---------------------------------------|--------------------------|
| Mean birth weight (grams) | 3,180 grams | 3,170 grams |
| Low birth weight babies (<2500 grams) | 11% | 11% |
| Prematurity (births < 37 weeks gestation) | 13% | 13% |
| Children born to teenage mothers | | |
| <i>Mother under 20 years</i> | 26% | 28% |
| <i>Mother under 18 years</i> | 12% | 13% |
| <i>Mother under 16 years</i> | 2% | 3% |
| Breastfeeding | | |
| - 12 months or more (duration) | 27% | 35% |
| - Less than 3 months (duration) | 39% | 27% |
| Drug use during pregnancy | | |
| <i>Used tobacco</i> | 49% | 49% |
| <i>Smoked cigarettes</i> | 48% | 46% |
| <i>Chewed tobacco</i> | 1% | 3% |
| <i>Alcohol</i> | 25% | 23% |
| <i>Gunjah</i> | 11% | 9% |

| Health of children | Perth Noongar ATSIC region | Western Australia |
|---|---------------------------------------|--------------------------|
| Asthma | 30% | 23% |
| Indicators of poor diet | | |
| <i>Usually drinks water when thirsty</i> | 62% | 68% |
| <i>Regularly drinks unsweetened milk</i> | 92% | 93% |
| <i>Eats sufficient fresh vegetables</i> | 40% | 36% |
| <i>Eats sufficient fresh fruit</i> | 72% | 70% |
| <i>Overall diet meets at least 3 of the quality indicators</i> | 57% | 59% |
| Teeth problems | | |
| <i>Fillings</i> | 34% | 27% |
| <i>Teeth removed</i> | 10% | 9% |
| Vision problems | 11% | 8% |
| Hearing problems | 7% | 7% |
| Recurring infections | | |
| <i>Recurring ear infections</i> | 17% | 18% |
| <i>Recurring chest infections</i> | 14% | 12% |
| <i>Recurring skin infections</i> | 7% | 8% |
| <i>Recurring gastrointestinal infections</i> | 5% | 6% |
| <i>Otitis Media (recurring ear infections with at least one instance of runny ears)</i> | 11% | 13% |

| Use of services | Perth Noongar ATSIC region | Western Australia |
|--|---------------------------------------|--------------------------|
| Children using the following health services in the last six months: | | |
| <i>Doctor</i> | 56% | 49% |
| <i>Dentist</i> | 22% | 21% |
| <i>Nurse</i> | 14% | 25% |
| <i>Aboriginal Health Worker</i> | 7% | 15% |
| <i>Hospital emergency department or outpatients clinic</i> | 14% | 13% |
| <i>Aboriginal Medical Service</i> | 9% | 15% |

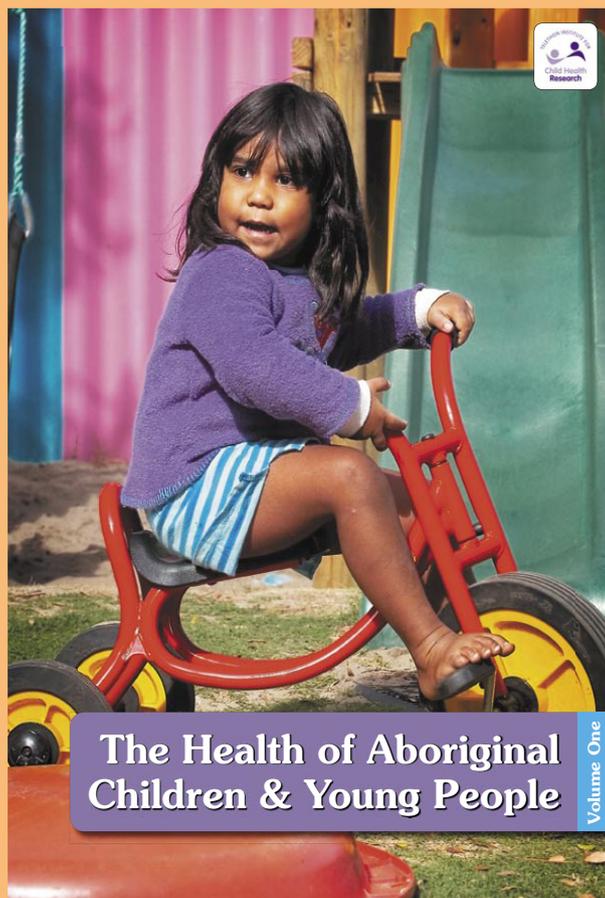


Further Information

How to obtain a copy of the main report

A copy of the report *The Health of Aboriginal Children and Young People* can be purchased for \$60 (plus postage & handling) from the Telethon Institute for Child Health Research on 08 9489 7777.

A PDF version of the main publication can also be downloaded from our website:
www.ichr.uwa.edu.au



Further information

If you would like further information about the Western Australian Aboriginal Child Health Survey, please call our information line on 08 9489 7777 or email: waachs@ichr.uwa.edu.au





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