

# CIRCA DIEM newsletter

August 2023



Dear Parents and Caregivers,

Welcome to the third edition of our newsletter!

*The CIRCA DIEM Team would like to thank you for your continued support of our study. We really appreciate your contributions to helping us improve the outcomes for our tiniest babies and are incredibly grateful for your involvement in our research.*



## Enrolment Update

- So far, we have had **392** babies join CIRCA DIEM. Just this month, we have had 10 babies join our study across all our participating sites.
- We now have six hospitals recruiting babies from across Australia. In the near future, we are hoping to have hospitals in New Zealand join us too.

## Study Milestones

**285** babies have celebrated their first birthday!

**190** babies have turned 2 years old.

**143** toddlers have completed their 2-year Bayley-4 assessment for the study!

## Survey Reminder



The CIRCA DIEM Team would like to remind all our caregivers to please complete their online assessments for our study. Your answers are so important to the success of our research- we really value your completion of these assessments!

Our surveys are delivered via email, so please make sure to check your junk folders so you don't miss out on any important correspondence from our team. We will also be sending out SMS reminders when your surveys are due.

If your child has turned 2 and you are yet to hear from us to schedule in your Bayley-4 appointment, please **contact our team** by calling or texting 0434 302 063.

## Mack's Story

- Mack was born in 2019 at King Edward Memorial Hospital in Perth, W.A, at 28 weeks.
- He almost 4 years old and is growing up to be a gorgeous little boy.
- Mack's mum, Hollie, says he is thriving. He is very chatty, and loves all his family and friends, but especially his baby sister Billie who was also a premie.
- Mack loves to swim and play different sports, and is very excited to start kindergarten next year.
- The CIRCA DIEM Team cannot wait to see what the future holds for Mack and his family!



*The CIRCA DIEM Team would love to hear about your child's progress. If you have any updates you would like to share, please send us an email!*



@CIRCA\_DIEM

<https://www.telethonkids.org.au/projects/the-circa-diem-study/>

Thank you all for your contributions!

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