

CIRCA DIEM newsletter

December 2023



Dear Parents and Caregivers,

Merry Christmas & welcome to the last edition of our newsletter for 2023! This newsletter provides updates on our study, as well as any important study related information.

The CIRCA DIEM Team would like to wish our study families a very Merry Christmas and a Happy New Year! Your involvement in our research is helping to improve outcomes for our tiniest babies, and we are enormously grateful for all your support this year.



Enrolment Update

-  So far, we have had **446** babies join CIRCA DIEM.
-  Joan Kirner Women's and Children's Hospital in Victoria recently joined us as a new recruiting hospital.
-  We have received Ethics approval to begin the study in New Zealand!

CIRCA DIEM Morning Tea

- On Saturday November 18th the CIRCA DIEM team celebrated World Prematurity Day in Kings Park with 30 of our study families.
- The day was filled with lots of fun, activities and food, and the Trial Management Team were thrilled to reconnect with some of the Perth-based participants and their families.
- We would like to thank all families who joined us on the day, we hope you had a great time!



Study Milestones

- 1 **321** babies have celebrated their first birthday.
- 2 **213** babies have turned 2 years old, of which **156** have completed their 2-year Bayley-4 assessment for the study.

If your child has turned 2 and you have yet to hear from us to schedule in your Bayley-4 appointment, please **contact our team** by email.

Finn and Tommy's Story

-  Meet Finn and Tommy, two brothers, who are both participants in our study.
-  Finn was born at 31 weeks gestation in 2020 and had always asked for a sibling. At the beginning of 2023, Finn's wish finally came true with the birth of his brother Tommy, at 25 weeks' gestation.
-  After patiently waiting for 100 days, Finn finally met his little brother on Mother's Day.
-  Finn loves swimming and dressing up as different characters. He also loves caring for his family's miniature goats. Tommy loves to explore, and really enjoys his physiotherapy appointments where he gets to catch up with his favourite NICU buddies.
-  Finn seizes any opportunity to cuddle with Tommy, and we are excited to share their adorable festive photos with our other trial families.
-  The CIRCA DIEM Team can't wait to see what the future holds for Finn, Tommy and their family.



Thank you all for your contributions!

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