

All About Me!



Hello! My name is _____

My favourite thing right now is _____



I was born prematurely at _____ weeks, weighing _____ and spent time in the Neonatal Intensive Care Unit (NICU).

I am _____ months/years old but my corrected age is _____. I should be hitting milestones for my corrected age.



It's important for you to know that I received life sustaining intervention after birth including:

- Invasive mechanical ventilation
- CPAP
- Supplemental oxygen therapy



Since my stay in the NICU I have been diagnosed with:

I see some other health professionals to help me with this including: (Specialist clinics, OT, speech, physio, dietician)



In the past 12 months I have taken, or am currently taking, the following medications: (include supplements like iron, probiotics, over the counter medication, steroids etc):

I see some other health professionals to help me with this including: (Specialist clinics? Allied health?)

I am allergic to: _____

Some other big health challenges I have had in the NICU or afterwards are:

- Brain
- Heart
- Lungs
- Kidneys
- Bones
- Gastrointestinal
- Feeding
- Skin
- Behaviour
- Sleep
- Sensory
- Metabolic (endocrine, weight management, diabetes)

My family and I have had a complex medical journey to date. Please take a holistic approach to my healthcare.



Other things I would like you to know:

The reason I am here today: __/__/__

How long has this been a concern?

Have you seen any other health professionals about this?

Yes No

Have you had any tests for this concern?
(blood, urine, xray, CT, MRI, reports from school or other health professionals)

Yes No

Symptoms:

Questions I have today are:

Please upload information relating to this visit to My Health Record

Yes No

Please provide a medical certificate or carer's note

Yes No